



The Royal Scottish Country Dance Society

Stockholm Branch

Dansprogram 22 november 2021

Nu vet alla vad som ingår i Warm up och Stegträning annars titta på tidigare program.

Warm up:

Repetition av grundläggande begrepp och steg samt repetition av

THE MACHINE WITHOUT HORSES (J8x32) 3C (4C set)

Rutherford RSCDS Bk 12

1- 8 1s set, cast & dance RH across with 3s

9-16 1s set, cast up & dance LH across with 2s

17-24 1s followed by 2s dance down, cast up behind 3s, in & dance up to top & 1s cast back to 2nd place

25-32 2s+1s dance R&L

Ny dans

PETRONELLA (R8x32) 2C (4C set)

RSCDS Bk 1

1-16 1s dance full petronella back to places

17-24 1s lead down the middle & back again

25-32 1s+2s dance Poussette

Fortsättningsdanser

THE EXPRESS (J8x40) 3C (4C set)

Button & Whittaker RSCDS Bk 20

1- 8 1s cross down to dance reflection reels of 3 on opposite sides

9-16 1s cross down to dance reflection reels on own sides

17-24 1s lead down the middle & back

25-32 1s+2s dance Allemande (1s ending in the centre in double triangle pstns)

33-40 1s dance Double Triangles

Repetition

BILL CLEMENT MBE (J8x32) 3C (4C set)

John Wilkinson RSCDS Bk 47

1- 8 1s set & dance down between 3s & cast up to end LH with partner facing 1st corners

9-16 1s set & turn inwards to face 3rd corners, 1s set to 3rd corners & turn corners LH to end RH with partner facing 2nd corners

17-24 1s set & turn inwards to face 4th corners, 1s set to 4th corners & turn corners RH to end 2nd place own side

25-32 2s+1s+3s circle 6H round & back

19:45 -20:15 Té-paus



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MR IAIN STUART ROBERTSON (R8x32) 3C (4C set)

Barbara de Winton RSCDS Bk 42

- 1- 8 1s set advancing & turn 2H to face down & give nearer hand to 2s (2s face up), 1s+2s set & 1s turn 2s on sides with nearer hand
- 9-16 1s followed by 2s (who dance up to follow) dance down for 3 bars, 1s dance to top **as** 2s divide & follow, 1s cast to 2nd place, 2s to top, facing out
- 17-24 2s+1s+3s dance reflection reels of 3 on sides (1s in & down to start, all giving hands where possible) 2s & 3s ending with a loop
- 25-32 1s dance 1/2 reels of 3 across (Lady with 2s & Man with 3s), 1s dance 1/2 reels of 3 across (Man with 2s & Lady with 3s)

FRIENDSHIPS (S4x32) 4C set

Jennie Miller RSCDS Graded 3

- 1- 8 1s+3s dance down between 2s/4s and cast back to places, 1s+2s **also** 3s+4s dance circle 4H round to Left
- 9-16 2s+4s dance up between 1s/3s and cast back to places. 1s+2s **also** 3s+4s dance circle 4H round to Right
- 17-24 1s+2s set, 1/2 RH across. 1s+3s set, 1/2 LH across
- 25-32 1s+4s set, 1/2 RH across. All 4 couples set and cross RH

Advanced

PELORUS JACK (J8x32) 3C (4C set)

Barry Skelton RSCDS Bk 41

- 1- 8 1s cross RH & cast 1 place (2s step up 3-4), 1s dance RH across with 3s. 1s end with Man facing his 1st corner with his partner behind him
- 9-16 1s dance Alternating Tandem 1/2 reel of 3 with 1st corners to face Man's 2nd corner, 1s dance Alternating Tandem 1/2 reel of 3 with 2nd corners
- 17-24 1s dance Alternating Tandem 1/2 reels of 3 with Ladies' 1st corner (pstrn), 1s dance Alternating Tandem 1/2 reel with Ladies' 2nd corner (pstrn)
- 25-32 1M followed by partner dance into LH across with 2s, 1s retain LH & 1/2 turn to own sides & 2s+1s+3s set

Repetition

MACLEOD'S FANCY (J4x32) 4C set

John Drewry RSCDS Bk 33

- 1- 8 1s+4s set diagonally, 1M+4L 3/4 turn RH & cast up/down own side back to place **while** 1L+4M cast down/up own side & 3/4 turn RH back to place
- 9-16 All dance reels of 4 on sides, ending **as** at start of reel
- 17-24 2s & 3s turn 1s & 4s RH into a St Andrew's Cross, all set & turn corner to end 1s in 3rd pl & 4s in 2nd pl on own sides having passed other corner RSh
- 25-32 1s & 4s set & cross over (Ladies dancing between Men) & dance 1/2 Fig of 8 round end couples to 3rd/2nd places (giving RH at top, LH at bottom)